8/13/2016 In good spirits

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"It's bullshit, the French saying you should drink champagne with caviar... vodka is the only drink to go with caviar!" So says my host, Alex Kirichuk of Puhoi Organic Distillery. I can't help but agree, as I am poised with his silky vodka in my left hand and rye bread piled with caviar in my right hand.

Puhoi Organic Distillery is a new offshoot of Dr Iryna Kirichuk's herbal tonic business. Alex explained that, in his native Ukraine, herbal medicine has a very strong tradition—and that the delivery mechanism for those tonics is alcohol.

"Not bad alcohol, but excellent quality alcohol like I distill here." Now you can sample Alex's classic gin and vodka at the Puhoi Pub, or try his more specialised products by purchasing from the pub or online.

The medicinal philosophy of their business runs right through the Puhoi Organic Distillery product range; Alex assures me his spirits are a mild form of his wife's tonics, that they are good for you and will not cause a hangover. Hallelujah to that!

The ideal way to appreciate the range and quality of Alex's handiwork is to book a tasting session, and you too could be poised with caviar in one hand and outstanding vodka in the other.

Puhoi Organic Distillery | www.spirits.net.nz

Herbal Tonics | www.adaptogens.co.nz